## **GIFT** presents

A new women's ministry for St. Victoria...



If you're seeking a new spiritual practice for 2018 that will open you to a deeper connection to God, yourself and one another – this may be exactly what you've been looking for.

After receiving an overwhelmingly positive response from our pilot groups of St. Victoria women in January, we invite you to join one of several small groups being formed. The groups will meet monthly for 90 minutes on Tuesdays and Thursdays with both day and evening times available. Deb LeMay, an experienced Spiritual Care Practitioner, will facilitate each group.



Deb will lead women through prayer, explore relevant topics, and help weave these insights and understandings into your own personal faith and spiritual journey. There is no planning or preparing required - simply show up and enjoy sharing and growing in faith together.

Whole Hearted Living groups begin in February. Sign-up sheets will be available in the Franciscan Commons on the weekend of February 3<sup>rd</sup> and 4<sup>th</sup>. Please select a day and time that works best for you.

Thank you!

